

Time	WORKSHOPS									
9:40 10:40	WHAT DOES LEARN BY DOING MEAN ANYWAY? PRESENTERS: Traci Frost Kolton Michalek	WESTERN HERITAGE SHOOTING SPORTS ADVANCEMENT PRESENTER: Blake Clark (YOUTH FRIENDLY)	FCS SKILL-A-THON (NEW UTAH CONTEST) PRESENTERS: Jolene Bunnell Susan Haws (YOUTH FRIENDLY)	4-H COLLEGE AND CAREER READINESS– STEM, SHOOTING SPORTS, HEALTH AND WELLNESS PRESENTER: Nicole Reed	FINANCIAL LITERACY PRESENTER: Meggan Schulz (YOUTH FRIENDLY)	HORSE AND LIVESTOCK SHOW MANAGEMENT PRESENTERS: Megan Hendrickson Jessie Hadfield (YOUTH FRIENDLY)	WORKING GROUP UPDATES: LEADERSHIP / MILITARY PRESENTERS: David Widdison Vernon Parent	HOW TO RUN A SUCCESSFUL 4-H CAMP PRESENTER: Ali Teuscher	HEALTHY HYDRATION: DID YOU KNOW THE AVERAGE 4-HER IS 65% WATER? PRESENTERS: Shannon Babb Monica Hoyt	HOW TO CHARTER A CLUB, GET YOUTH TO JOIN A CLUB, RESOURCES, ETC. (COMBINED) PRESENTER: ?
10:40 11:40	INTEGRATING MILITARY FAMILY INTO THE 4-H PROGRAM PRESENTERS: Zuri Garcia Connie Packer	AGRI SCIENCE TASTE TEST: DRONES, ROBOTS, TRACTORS, OH MY! PRESENTERS: Deb Ivie Jessie Hadfield	4-H COOKING CHALLENGE– THE INCREDIBLE EDIBLE EGG PRESENTERS: Chris Jessen Brandee Mills (YOUTH FRIENDLY)	4-H COLLEGE AND CAREER READINESS– LEADERSHIP PRESENTER: Nicole Reed	MAY THE 4TH BE WITH YOU PRESENTER: Andrea Schmutz	YOUTH AND MENTAL HEALTH- WHAT DO I NEED TO KNOW? PRESENTER: Jonathan Swinton	WORKING GROUP UPDATES: FCS / COLLEGE AND CAREER READINESS PRESENTERS: Jolene Bunnell Kelsey Romney	THE 4TH “H” PRESENTERS: Cindy Nelson Shannon Babb	THE FUTURE’S SO BRIGHT, I GOTTA WEAR SHADES / 4-H PROTECTIVE FACTORS AT WORK IN UTAH’S YOUTH PRESENTER: Tim Keady	HOW TO START A CLUB/INCLUDE YOUTH AS CLUB LEADERS (COMBINED) PRESENTERS: Autumn Olsen Gabriela Coco (YOUTH FRIENDLY)
1:10 2:00	FOR MY CLUB, MY COMMUNITY, MY COUNTRY AND MY WORLD! PRESENTERS: Tasha Killian Nan Singleton	4-H SEWING, TEXTILES AND NEEDLE ARTS RESOURCES PRESENTERS: Tricia Mathis Amy Defa	CONSUMER DECISION MAKING CONTEST (NEW UTAH CONTEST) PRESENTERS: Melanie Dabb Darlene Christensen (YOUTH FRIENDLY)	4-H COLLEGE AND CAREER READINESS- FAMILY AND CONSUMER SCIENCE PRESENTER: Nicole Reed	CLUB OFFICERS- WHAT ARE THEY GOOD FOR? PRESENTERS: Vernon Parent Ed Larson	HORSE AND LIVESTOCK SHOW MANAGEMENT PRESENTERS: Megan Hendrickson Jessie Hadfield (YOUTH FRIENDLY)	WORKING GROUP UPDATES: SHOOTING SPORTS / HORSE AND LIVESTOCK PRESENTERS: Blake Clark Megan Hendrickson? Jessie Hadfield?	JUNIOR MASTER GARDENER PRESENTER: Deb Ivie	BREAKOUT ROOMS PRESENTERS: Jenny Kearl Pete Wecker	INTRODUCING, RECOGNIZING, AND SUPPORTING “SPARK” PRESENTER: David Widdison
2:10 3:00	HOW TO START A HEALTH AND WELLNESS FITNESS CLUB PRESENTERS: Paige Wray Angela Hackwell	WESTERN HERITAGE SHOOTING SPORTS ADVANCEMENT PRESENTER: Blake Clark	SERVICE PROJECTS FOR MILITARY SERVICEMEN, SERVICEWOMEN AND FAMILIES PRESENTERS: Zuri Garcia Traci Atkins	4-H COLLEGE AND CAREER READINESS– HORSE AND LIVESTOCK PRESENTER: Nicole Reed	STATE LEADERSHIP OPPORTUNITIES PRESENTERS: Jolene Bunnell Alisha Straatman (YOUTH FRIENDLY)	ANIMAL SCIENCE PROJECTS PRESENTER: Jessie Hadfield	WORKING GROUP UPDATES: STEM / HEALTH AND WELLNESS PRESENTERS: Deb Ivie and ?	ELEVATING YOUTH LEADERSHIP PRESENTERS: Meggan Schulz Mike Isom	STEM STORYTIME PRESENTERS: Shannon Babb Monica Hoyt	HOW TO BECOME AN EFFECTIVE COUNTY, REGION OR STATE AMBASSADOR PRESENTER: Emily Kranendonk Angela Eckhardt (YOUTH FRIENDLY)

WHAT DOES LEARN BY DOING MEAN ANYWAY? - This interactive workshop will be all about the 4-H Slogan "Learn by Doing." We will be discussing the importance of club leadership and work your way through several activities that will help you implement this very important part of 4-H into your program. (Presenters- Traci Frost and Kolton Michalek)

WESTERN HERITAGE AND SHOOTING SPORTS ADVANCEMENT - The 4-H Western Heritage Project combines a comprehensive study of the Old West with fastest growing shooting sports discipline. This project area provides youth and adults an opportunity to experience the lifestyles and cultures of the Old West through a living history approach to learning, while instilling the concepts of gun safety and personal responsibility. Come and learn what all the excitement is about! (Presenter- Blake Clark)

FCS SKILL-A-THON-(NEW UTAH CONTEST) - Come learn about the new FCS Skill-a-thon contest that your youth can compete in. Workshop will go over the rules of the contest and you will get to experience a mock contest so you will see what it is all about. (Presenters- Jolene Bunnell and Susan Haws)

4-H COLLEGE AND CAREER READINESS WORKSHOPS - Learn how to prepare youth for an education and career they will love based on their experience in 4-H. We want to discuss how adult mentors can strengthen the pathway from 4-H project to career options tailored to each individual. We will facilitate hands on activities that can be used in your 4-H Club Meetings to incorporate college and career readiness curriculum in fun, engaging experiences. (Presenter- Nicole Reed)

FINANCIAL LITERACY - All youth need to learn financial skills to survive in today's world. Come learn about the Money Mentors Discover 4-H Curriculum that make learning this topic fun and engaging. (Presenter- Meggan Schulz)

HORSE AND LIVESTOCK SHOW MANAGEMENT - In this workshop youth will learn the best practices to make your show a success. (Presenters- Megan Hendrickson and Jessie Hadfield)

WORKING GROUP UPDATE WORKSHOPS - Come learn about the new policies, programs, curriculum, and opportunities these work groups are providing. Also look for opportunities to give feedback and join in the effort. (Presenters-various)

HOW TO RUN A SUCCESSFUL 4-H CAMP - Camp season is coming up quick! In this workshop, we will go over what it takes to run a successful 4-H camp. If you want to learn how to define the purpose of your camp, reach your camp goals, utilize youth leadership, and manage logistics, this session is for you. (Presenter- Ali Teuscher)

HEALTHY HYDRATION; DID YOU KNOW THE AVERAGE 4-HER IS 65% WATER? - In this workshop, leaders will participate in hands-on activities that teach youth about the importance of H2O in their diets, gain the skills to recognize symptoms of over and under hydration, and leave with club-ready curriculums. (Presenters- Shannon Babb and Monica Hoyt)

INTRODUCING , RECOGNIZING, AND SUPPORTING "SPARK" More info needed (Presenter- Craig Dart?)

INTEGRATING MILITARY FAMILY YOUTH INTO THE 4-H PROGRAM - In this workshop you will 1.) Learn about the military family culture, 2.) Learn why 4-H is so valuable to the children of our military service men and women, and 3.) Learn about the different branches in Utah, where they are located, and how to provide clubs and include them in your county. (Presenters- Zuri Garcia and Connie Packer)

AGRISCIENCE TASTE TEST: DRONES, ROBOTS, AND TRACTORS, OH MY! - Come see what Utah 4-H Agriscience projects can offer for our STEM and Agriculture youth and leaders! (Presenters- Deb Ivie and Jessie Hadfield)

4-H COOKING CHALLENGE-THE INCREDIBLE EDIBLE EGG - Come learn about the 4-H Cooking Challenge that your youth can compete in. Youth will be given a different challenge ingredient they must highlight in the dish they prepare and present the judges. (Presenters-Chris Jessen and Brandee Mills)

MAY THE 4TH BE WITH YOU - May the 4th is Star Wars Day! In this workshop volunteers will get resources to hold your own May the 4th Celebration. (Presenters- Andrea Schmutz and Jenny Kearn)

YOUTH AND MENTAL HEALTH-WHAT DO I NEED TO KNOW? - Learn about the most common mental health struggles youth face today and how you can help. (Presenter-Jonathan Swinton)

The 4TH "H" - Discover the 4th "H". Healthy Living activities are an important part of any 4-H event. Learn how to easily incorporate health and wellness activities into any 4-H club. Receive information on Grab-and-Go activities that will keep youth engaged, physically active, and teach about wellness. (Presenters- Cindy Nelson and Shannon Babb)

THE FUTURES SO BRIGHT, I GOTTA WEAR SHADES- 4-H PROTECTIVE FACTORS AT WORK IN UTAH'S YOUTH - In this interactive presentation we will explore the effect of the 4-H Peer Protective Model on Risk Factors associated with mental health and substance misuse in teen populations. Participants will learn to respond to health risks by putting on their protective "sun glasses." (Presenter-Tim Keady)

HOW TO START A CLUB/INCLUDE YOUTH AS CLUB LEADERS (COMBINED) More info needed (Presenter– Autumn Olsen and Gabriela Coco)

FOR MY CLUB, MY COMMUNITY, MY COUNTRY, AND MY WORLD! - Have you have ever struggled helping youth take skills they've learned in 4-H to make a difference in their club, community, country, and world? If so, this is the workshop for you. Come learn about bridging the gap between 4-H and other community organizations, expanding your 4-H reach, and serving your world in a meaningful way (Presenters-Tasha Killian and Nan Singleton)

4-H SEWING, TEXTILES, AND NEEDLE ARTS RESOURCES - Come learn about the various sewing, textiles, and needle art resources available that can be used to run 4-H club projects. (Presenters-Tricia Mathis and Amy Defa)

CONSUMER DECISION MAKING CONTEST-NEW UTAH CONTEST - Come learn about the new Consumer Decision Making Contest. Workshop will go over the rules of the contest and you will get to experience a mock contest so you will see what it is all about. (Presenters- Melanie Dabb and Darlene Christensen)

CLUB OFFICERS- WHAT GOOD ARE THEY? - Youth leadership is one of the essential elements that we champion in 4-H...but do we all do it? This workshop will review the challenges, benefits, and simple steps you as volunteers can take to engage your youth in meaningful leadership experience. This will be a hands-on interactive workshop with resources and activities. (Presenters Vernon Parent and Ed Larson)

JUNIOR MASTER GARDENER? - Learn how to involve 4-H Youth in leadership through our Junior Master Gardener Programs. In this workshop, you will learn how to utilize near-peer mentoring with your teens while completing a fun, small gardening project. (Presenter– Deb Ivie)

BREAKOUT ROOMS - This workshop will give volunteers the opportunity to learn how to setup escape rooms that teach math concepts along the way.- (Presenters-Jenny Kearl and Pete Wecker)

HOW TO CHARTER A CLUB, GET YOUTH TO JOIN A CLUB, RESOURCES, ETC. (COMBINED) More info needed (Presenter- ?)

HOW TO START A HEALTH AND WELLNESS FITNESS CLUB - Many counties around the state are making more of an effort to run 4-H clubs specifically focused on fitness. Come and learn about existing clubs (mountain biking, hiking, pickleball, etc.) and how you can start your own. (Presenters- Paige Wray and Angela Hackwell)

SERVICE PROJECTS FOR MILITARY SERVICEMEN/WOMEN AND FAMILIES - Without a doubt 4-Hers pledge their hands to larger service. They donate blankets to shelters and hospitals, do clean-up projects, and donate thousands in livestock sale earnings to families in great need. During this workshop you'll learn how to guide youth in service projects geared toward giving back to and honoring military servicemen/women and their families. (Presenters- Zuri Garcia and Traci Atkins)

STATE YOUTH LEADERSHIP OPPORTUNITIES - State Leadership Opportunities - Come learn about all the amazing state and regional leadership opportunities available to youth to expand your leadership skills. (Presenters- Jolene Bunnell and Alisha Straatman)

ANIMAL SCIENCE PROJECTS - In this workshop members will learn how to get the most out of an animal project club. (Presenter- Jessie Hadfield)

ELEVATING YOUTH LEADERSHIP - Do you feel like your youth leadership has gone as far as it can? Well if so, this is the workshop for you. Join us to learn how you can elevate your Youth Leadership Program. Participants will learn about leadership opportunities from county to state to even national conference. This is a workshop you don't want to miss. (Presenters-Meggan Schulz and Mike Isom)

STEM STORYTIME - Learn to channel your inner "Miss Fizzle" to create STEM storytimes that will help Cloverbuds get excited about both science and reading. This workshop focuses on how leaders can identify age-appropriate STEM concepts/activities, introducing the scientific method to early learners, and facilitate kid lead experimentation. (Presenters-Shannon Babb and Monica Hoyt)

HOW TO BECOME AN EFFECTIVE COUNTY, REGION, OR STATE AMBASSADOR More info needed (Presenter– Emily Kranendock and Angela Eckhardt)